



Upcoming Conferences, Trainings & Seminars to help develop each employee's professional skills. These opportunities for continuous improvement include on-site internal and external trainings as well as off-site opportunities. Please submit completed NCHC Professional Development Request Form to Organizational Development or sign-up in HealthStream.

## Manager Specific Professional Development Opportunities

Register through HealthStream

**New Topic: Performance Improvement Conversations** Target Audience: Managers

**Time:** 2 hours

**Presenter:** Chris Bleck

**Description:** Having performance improvement conversations can be one of the most challenging things managers do. In this session you will learn how to prepare for and have a performance improvement conversation. Leave with the tools and knowledge to effectively provide performance feedback and coaching.

**Date:** Tuesday, June 4, 2019

**Time:** 1:00pm – 3:00pm

**Room:** Iris Room

**Topic: Effective Communication for Managers** Target Audience: Managers

**Time:** 2 hours

**Presenter:** Judy Rannow

**Description:** Gain an understanding of effective communication types and modes as well as tailoring your message to your audience. Special attention will be given to upstream and downstream communication.

**Date:** Tuesday, June 18, 2019

**Time:** 10:00am – 12:00pm

**Room:** Iris Room

## Open Session Professional Development Opportunities

Register through HealthStream

**Topic: Effective Meetings**

**Target Audience:** All Staff

**Time:** 1 hour

**Presenter:** Judy Rannow

**Description:** Understanding what makes an effective meeting as well as how to lead effective meetings will help reduce meeting burnout and increase meeting productivity. This session will provide an understanding of what needs to be done to ensure effective meetings as well as how to lead them.

**Date:** Tuesday, June 11, 2019

**Time:** 12:30pm – 1:30pm

**Room:** Iris Room

## Special Topic Professional Development Opportunities

Register through HealthStream

**Topic: Clinical Documentation**

**Target Audience:** Staff

**Time:** 1 hour

**Presenter:** Kim Hoppe, RN, LNC, CPHRM,  
Sr. Risk Specialist for Coverys

**No cost to attend**

**Description:** Understanding the importance and impacts of appropriate clinical documentation is key to providing appropriate services and proper billing. This session will cover the basic musts for clinical documentation.

**Date:** Tuesday, June 4, 2019

**Time:** 9:00am-10:00am

**Room:** Computer Lab

**Date:** Tuesday, June 4, 2019

**Time:** 11:00am-12:00pm

**Room:** Computer Lab

**Date:** Tuesday, June 4, 2019

**Time:** 3:00pm-4:00pm

**Room:** DeSantis Room

**Date:** Wednesday, June 5, 2019

**Time:** 8:00am-9:00am

**Room:** Computer Lab

**Date:** Wednesday, June 5, 2019

**Time:** 10:00am-11:00am

**Room:** Computer Lab

**Date:** Wednesday, June 5, 2019

**Time:** 1:00pm-2:00pm

**Room:** DeSantis Room

### Topic: DBT Skills in Crisis Intervention

**Target Audience:** Crisis Workers, Case Managers and Clinicians

**Time:** 7 hours

**Presenter:** Jessica Beauchamp

**No cost to attend**

**Description:** Dialectical Behavioral Therapy (DBT) offers a skills component to teach coping methods to individuals who need to develop new skills. Skills such as mindfulness, emotional regulation and distress tolerance can be very helpful for persons who are struggling to cope. This training will teach you some of these skills and help you add more tools to your crisis intervention toolbox.

**Date:** Monday, June 17, 2019

**Time:** 9:00am – 4:00pm

**Room:** Wausau Training Rm (through tunnel)

## UWGB BHTP Professional Development Opportunities

Submit completed NCHC Professional Development Request Form to OD

### Topic: De-Escalation and Coping Skills for Preventing and Managing Crisis Situations

**Target Audience:** Crisis staff

**Date:** Tuesday, June 18, 2019

**Time:** 9:00am-4:00pm

**Location:** Rhinelander (Nicolet Area Tech College)

**Cost:** FREE (includes lunch, materials & 6 CEH)

**Presenter:** Jessica Beauchamp, MSW, LCSW

**Limited space – registrations on first come-first served basis**

**Description:** Developing coping methods for the consumer in crisis and those who care for them is an important part of crisis intervention. Skills such as mindfulness, emotional regulation and distress tolerance can be very helpful for persons who are struggling to cope. Crisis Workers will learn skills informed by both Dialectical Behavioral Therapy (DBT) and Motivational Interviewing (MI), and will gain more tools to add to their crisis intervention toolbox. **Please do not register if you have previously attended BHTP's "DBT Skills for Crisis Intervention".**

### Topic: Assessing and Managing Suicide Risk (AMSR)

**Target Audience:** All Staff

**Date:** Tuesday, July 16, 2019

**Time:** 9:00am-4:00pm

**Location:** Eau Claire

**Cost:** FREE (includes lunch, materials and 6.5 CEH)

**Presenter:** Jessica Beauchamp, MSW, LCSW

**Limited space – registrations on first come-first served basis**

**Description:** AMSR is a one-day training workshop for behavioral health professionals. The 6.5-hour training program is based on the latest research and designed to help participants provide safer suicide care. Health care providers face many challenges when working with patients and clients at risk for suicide. Some patients may not disclose thoughts of suicide, and even when they do, the health care provider must make judgement calls about unpredictable outcomes, often with insufficient or contradictory information. This training will develop the five areas of competency for AMSR:

1. Approaching Your Work
2. Understanding Suicide
3. Gathering Information
4. Formulating Risk
5. Planning and Responding

## Additional Outside Professional Development Opportunities

Submit completed NCHC Professional Development Request Form to OD

### Topic: Trauma Awareness Training

**Target Audience:** All Staff

**Date:** Wednesday, June 12, 2019

**Time:** 8:30am-3:30pm

**Location:** Wausau

**Cost:** FREE (includes lunch and 0.65 CEU)

**Presenter:** Shawn Smith

**Description:** As human services continue to evolve, it is critical for teams to understand the impact of traumatic experiences on a person's worldview and neurobiology, resulting in triggers, adaptive behaviors, and repeating the cycle of trauma. During this training teams come to know more deeply and appreciate the variety of experiences that can be termed "traumatic" and how those experiences manifest differently in each person. Participants will explore:

- Trauma's impact on a person's world-view, brain development, adaptive behaviors and triggers
- Trauma Types: Historical, Gender, Community and Interpersonal
- Impacts of Traumatic Stress on a person's cognition and affect
- Overviews on effective healing interventions
- How to educate and ground served persons